

Are you 10 -16 years old?

Wanna learn to cook and eat healthy food?

Do you know how to budget and what food groups are?

FREE 6-week cooking course!

Where?
St Saviours Church Hall

When?

6-week course starting Monday 13th September

Time?

3.45 pm - 6 pm

How much? FREE!

Book on the 6-week course by contacting Pat

Phone 07514 751 348 email trishawebster1967@gmail.com facebook.com/patricia.webster2



